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## **Listing of Claims**

- 1. (Original) A method of reducing, preventing, ameliorating, or reversing oxidative DNA damage in a subject, comprising orally administering a therapeutically effective dose of a natural astaxanthin extract to the subject, whereby the natural astaxanthin extract reduces, prevents, ameliorates, or reverses the oxidative DNA damage.
- 2. (Original) The method of claim 1, wherein the natural astaxanthin extract comprises predominantly mono- and di-ester forms of astaxanthin.
- 3. (Original) The method of claim 2, wherein the natural astaxanthin extract comprises no more than about 5% free astaxanthin, about 45-50% astaxanthin monoesters, about 10-40% astaxanthin diesters, and other carotenoids in the remaining percentage.
- 4. (Original) The method of claim 3, wherein the other carotenoids comprise β-carotene, lutein, canthaxanthin, or a mixture of two or more thereof.
- 5. (Currently Amended) The method of [[any one of claims]]claim 1[[-4]], wherein the natural astaxanthin extract is derived from yeast or microalgae.
- 6. (Original) The method of claim 5, wherein the natural astaxanthin extract is derived from *Haematococcus pluvialis*.
- 7. (Currently Amended) The method of [[any one of claims]]claim 1[[-6]], wherein the astaxanthin in the extract is greater than 95% (3S,3'S) astaxanthin.
- 8. (Original) The method of claim 7, wherein the astaxanthin in the extract is about 100% (3S,3'S) astaxanthin.

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9. (Currently Amended) The method of [[any one of claims]]claim 1[[-7]], wherein the astaxanthin in the extract comprises about 55-62% E-astaxanthin, about 13-18% 9Z- astaxanthin, and about 23-29% 13Z-astxanthin.

- 10. (Currently Amended) The method of [[any one of claims]]claim 1[[-9]], wherein the natural astaxanthin extract further comprises fatty acids, and the fatty acids are one or more of Lauric, Tridecanoic, Myristic, Pentadecanoic, Palmitic, cis-9-Palmitoleic, Heptadecanoic, cis-10-Heptadecenoic, Stearic, cis-9-Oleic and/or trans-9-Elaidic, cis-9,12-Linoleic and/or trans-9,12-Linolelaidic, Arachidic, alpha -Linolenic, cis-11-Eicosenoic, Linolenic, Heneicosanoic, cis-11,14-Eicosadienoic, Behenic, cis-8,11,14-Eicosatrienoic, cis-13-Erucic, cis-11,14,17-Eicosatrienoic, cis-5,8,11,14-Arachidonic, and cis-5,8,11,14,17-Eicosapentaenoic acids.
- 11. (Original) The method of claim 5, wherein the natural astaxanthin extract is derived from a *Phaffia* species.
- 12. (Currently Amended) The method of [[any one of claims ]]claim 1[[-11]], wherein the natural astaxanthin extract is produced by a process comprising supercritical carbon dioxide extraction.
- 13. (Currently Amended) The method of [[any one of claims]]claim 1[[-12]], wherein the natural astaxanthin extract is administered to the subject in combination with at least one additional biologically active compound.
- 14. (Original) The method of claim 13, wherein the biologically active compound is a carotenoid, an antioxidant, a vitamin, or a second natural extract.
- 15. (Currently Amended) The method of [[any one of claims]]claim 1[[-14]], wherein the natural astaxanthin extract is:

dissolved in oil;

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dispersed in oil;
dispersed in an aqueous medium;
homogenized in an aqueous medium;
encapsulated;
processed into dry material; or
a combination of two or more thereof.

- 16. (Original) The method of claim 15, wherein the natural extract is processed into dry material, and the form of the dry material is stabilized beadlets, a powder, a granule, or a combination of two or more thereof.
- 17. (Currently Amended) The method of [[any one of claims]]claim 1[[-14]], wherein the natural astaxanthin extract is formulated as a liquid, a liquid capsule, a solid capsule or a tablet.
- 18. (Currently Amended) The method of [[any one of claims]]claim 1[[-17]], wherein the natural antioxidant extract is administered to the subject in a food or beverage product.
- 19. (Original) The method of claim 1, wherein the therapeutically effective dose of astaxanthin reduces the oxidative DNA damage by at least 30% compared to a subject not administered the therapeutically effective dose of astaxanthin.
  - 20. (Original) The method of claim 1, wherein the subject is human.
- 21. (Original) The method of claim 1, wherein the oxidative DNA damage comprises oxidative DNA damage in immune cells.
- 22. (Original) The method of claim 21, wherein the immune cells are cells, B-cells, monocytes, neutrophils, natural killer cells, splenocytes, or a mixture of two or more thereof.

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23. (Currently Amended) The method of [[any one of claims]]claim 1[[-22]], wherein the therapeutically effective dose is about 0.5-1000 mg astaxanthin per day.

- 24. (Original) The method of claim 23, wherein the therapeutically effective dose is about 1-10 mg per day.
- 25. (Currently Amended) The method of [[any one of claims]]claim 1[[-22]], wherein the therapeutically effective dose is about 2 mg per day; about 4 mg per day, or about 8 mg per day.
  - 26. (Canceled)
  - 27. (Canceled)